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Podcast Playlist: Sickle Cell Transplant

Survivorship & Emotional Adjustment

This curated playlist centers real patient and caregiver voices navigating bone marrow transplant and gene therapy for sickle cell disease. Episodes explore identity shifts, survivor's guilt, decision-making stress, family dynamics, and emotional adjustment after transformative treatment.

1) **Blood, Sweat & Cells: Real Talk About Sickle Cell Disease**

A podcast dedicated to real conversations about living with sickle cell, including transformative therapy stories.

 Listen here (series):

 <https://podcasts.apple.com/us/podcast/blood-sweat-cells-real-talk-about-sickle-cell-disease/id1692944038>

 Episode Examples:

- **Tatyana's Half Match Journey** – Personal transplant story
- **Hope and Healing: Conquering Sickle Cell with BMT** – Family perspective on transplant success (direct episode)

<https://podcasts.apple.com/us/podcast/hope-and-healing-conquering-sickle-cell-with-bmt/id1692944038?i=1000657837148>

- **Half-Matched Bone Marrow Transplant: KeAndra's Story** – Decision-making, treatment journey

2) #ThroughTheGenes Podcast

A patient-led podcast exploring cell and gene therapies for sickle cell disease, featuring firsthand conversations with patients, caregivers, and experts.

 Listen on Apple Podcasts:

 <https://podcasts.apple.com/us/podcast/throughthegenes/id1752611454>

 Or follow on YouTube:

 <https://www.youtube.com/@ThroughTheGenesPodcast>

Highlighted episodes include:

- Conversations about transplant eligibility and donor roles
- Patient experiences with gene therapy recovery
- Exploration of emotional and systemic aspects of transformative therapies

3) Child Life On Call — Bone Marrow Transplant for Sickle Cell

Family perspective on pediatric transplant, long-term effects, and emotional adjustment.

 Listen to the episode here:



<https://podcasts.apple.com/us/podcast/bone-marrow-transplant-for-sickle-cell-one-family/id1799738427?i=1000728174711>

4. The Sickle Cell Society Podcast

While not always focused solely on transplant, this series explores mental health, identity after illness, community belonging, and quality of life issues — all highly relevant to survivors.

 Explore the series on major podcast platforms (search “The Sickle Cell Society Podcast”).

5. Beyond the Show (Sickle Cell Foundation of Georgia)

- Psychosocial challenges after treatment
- Survivor identity and navigating expectations
- Community connection and advocacy after cure

Suggested Search Terms

- "Sickle cell transplant story"
- "Life after sickle cell cure"
- "Bone marrow transplant emotional journey"
- "Gene therapy recovery sickle cell"
- "Sickle cell survivor identity"