SICKLE CELL
PRODIGY

Transformative Therapy Pre-Treatment Checklist

This printable checklist is designed to help individuals living with sickle cell disease prepare for bone marrow transplant or gene-based therapy. Use it to guide conversations, track readiness, and plan for life beyond treatment.

Understanding Your Treatment Options

- ■ Confirmed eligible transformative therapies
- ■ Reviewed risks, benefits, and limitations
- ■ Understood conditioning regimen
- ■ Clarified timelines and recovery expectations

Medical & Physical Readiness

- ■ Completed baseline organ function testing
- ■ Reviewed pain history and management plan
- ■ Discussed fertility preservation
- ■ Updated vaccinations and medications

Mental & Emotional Preparation

- ■ Screened for anxiety, depression, or trauma
- ■ Identified coping strategies
- ■ Connected with mental health support

Care Partner & Support Planning

- ■ Identified primary care partner
- ■ Planned backup support
- ■ Aligned on expectations and boundaries

Survivorship & Life After Treatment

- ■ Discussed long-term monitoring
- ■ Defined personal quality-of-life goals
- ■ Planned for work, school, or daily life re-entry

Sickle Cell Prodigy — Care for what comes next.